

**MEDITATIVE PSYCHOTHERAPY: THE MARRIAGE OF
EAST AND WEST**

Philip Emilia Mendicino

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PEP Web - Meditative Psychoanalysis

Jeffrey Rubin, psychoanalyst and meditation teacher, in his book Meditative Psychotherapy: The Marriage of East and West, while advocating the benefits of.

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Rubin draws upon a vast array of intellectual tools and disciplines including history, deconstructionism, feminism, anthropology, Eastern meditative disciplines, and psychoanalysis itself to portray a psychoanalysis that is self-reflective and nonauthoritarian, pluralistic and emancipatory. Part I and II aim to help you deepen your own personal practice of mindfulness. CEU Course Objectives 1. Thewordbuddhacomesfromtherootbudhmeaningwakeknow.Whatdrawsyoutoth Note the warning to the unwary reader. The nine-month program covers the fundamentals of healing with mindfulness, and a range of other topics including the history of mindfulness, models of illness and a comparison of Eastern and Western views on health and healing. AsIreadthesebooksIdidnotfeeltheexcitementthatcomesfromdiscovering Today. Psychoanalysis emphasizes free association, the phenomenon of transference, and the development of insight.